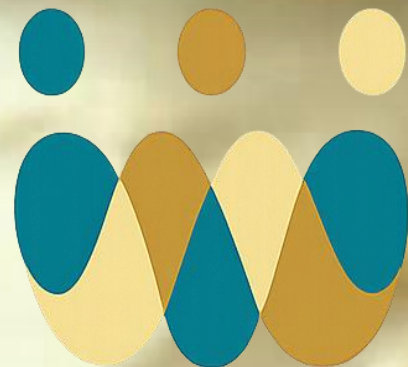


More Than Gold

The Hidden Human Cost of Illegal Artisanal Mining

Presented by the Division of Clinical Associates



**Division of
Clinical Associates**

Let us start with challenging our assumptions



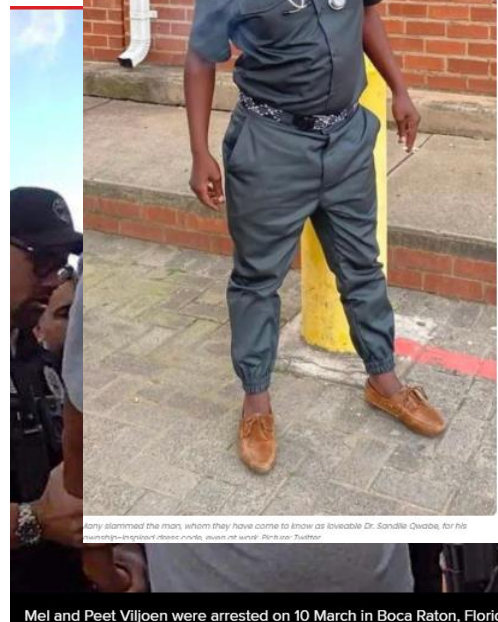
Sheryl Cwele's set **"Your Parents Must Be Proud": Doctor Performs Happy Dance After Successful Surgery, SA Moved**

Tweeps defend Pantsula doctor who has been criticised for his 'unprofessional' dress code

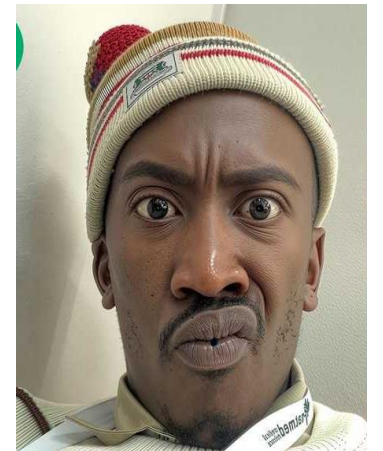
By Bongive Maki with expert Jayshri Rangasamy | Published 3 years ago



- A young doctor was filmed celebrating a successful surgery by dancing in the hospital, showing off his energetic Amapiano moves and entertaining the staff
- The joyful clip was shared on the video streaming platform TikTok, capturing the hearts of thousands on social media
- Viewers were impressed by his positive personality and dance skills, with many commenting on his contagious energy and expressing their desire to be his patient
- Briefly News spoke to medical expert Jayshri Rangasamy on what a successful surgery means to a doctor, enough to warrant a celebration



A vibrant doctor showcased his slick dance moves, celebrating his hard work. Image: @dr_blackplaque



Mel and Peet Viljoen were arrested on 10 March in Boca Raton, Florida, in the US.



Who is most likely the *Zama Zama*?



Who is most likely the *Zama Zama*?



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- <https://www.gemfair.com/the-gemfair-way/2023/>



What Words Come To Mind?

Possible words:

- Criminal
- Illegal
- Dangerous
- Desperate
- Poor
- Unemployed

Discussion:

What assumptions are we making?

Did you know?

The term "**Zama Zama**" comes from the isiZulu verb "**ukuzama**", which means "**to try,**" "**to attempt,**" or "**to take a chance**" and roughly translates to: "**those who are trying to make a living**"

How does language influence stigma?
How does language influence empathy?

What else could we call this group?



Today We Become Mental Health Detectives

For each video clip identify:

- 1.What do you see?
- 2.What do you hear?
- 3.What emotions are present?
- 4.What might be causing these emotions?
- 5.What support may help?



Individual Mental Health



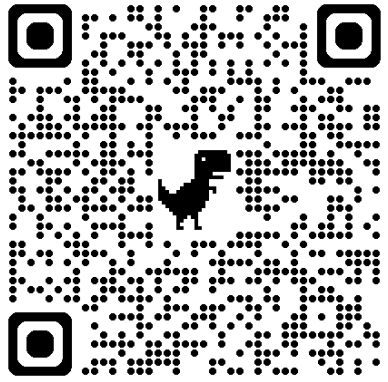
The Family Story



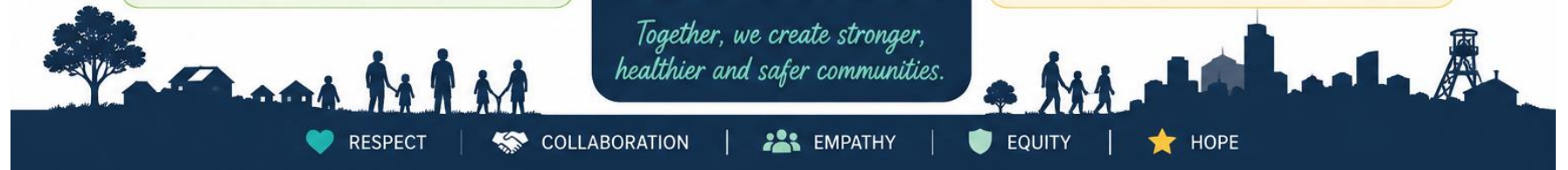
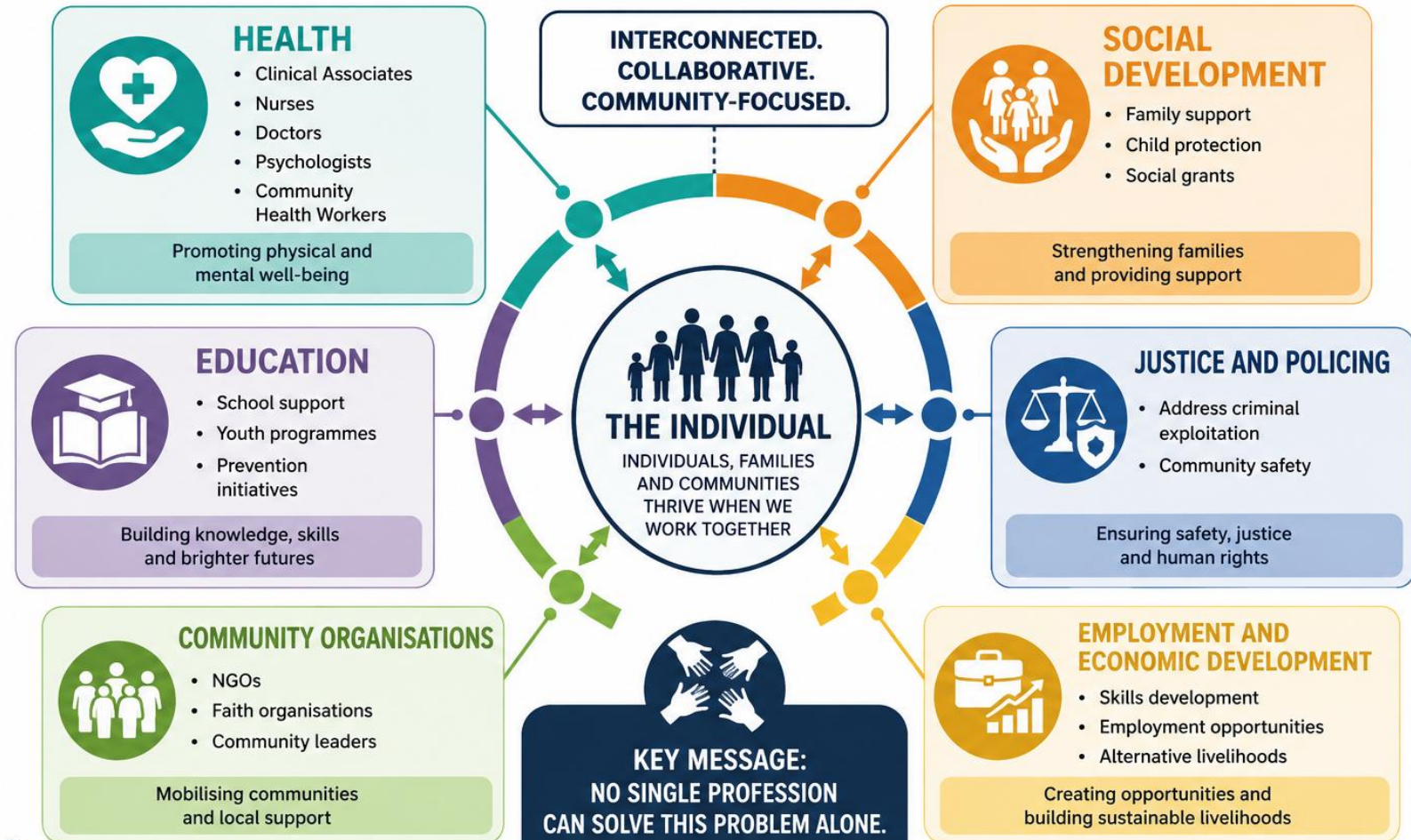
The Community Story



From Problems To Solutions



More info on
Clinical Associate
Program



HEART RESPECT

SHAKEN HANDS COLLABORATION

GROUP OF PEOPLE EMPATHY

SHIELD EQUITY

STAR HOPE

Take home message

"When we only see the label, we miss the person."

In the context of Promoting Mental Health behind every story may be:

- Fear
- Hope
- Family responsibility
- Trauma
- Survival
- Resilience



Resources

- <https://sihma.org.za/narratives-on-human-mobility/the-night-trains-by-charles-van-onselen>
- Human Cost:
The Night Trains highlights the devastating human cost of this exploitation, including physical and emotional tolls on black labourers, as well as the cultural impact on communities. Mozambicans were often exposed to inhumane living conditions both on the trains to and from the mines and at the mining communes. This resulted in disease outbreaks and, in extreme cases, death. Onselen states that migrants faced a “family-deprived, high-stress and frequently loveless environment”. Migrants were often degraded and treated as “freight” or “machines”, affecting their mental health. The combination of isolation, stress, and lack of compassion in their daily lives would have exacerbated feelings of alienation, anxiety, and despair.

