

10 GUIDELINES TO HELP YOU COPE WITH CAMPUS LIFE

YOUR ACADEMICS

You should spend at least 40 hours or more a week on attending lectures and tutorials, making notes and summaries, reading and revising your lecture notes. Improve your memory and master effective study techniques by attending workshops offered at CCDU. There is a direct relationship between attending class and success; so attend all lectures!

TIME MANAGEMENT

Organise your time effectively. Use a year planner/study diary. Plan your timetable sensibly and set realistic, attainable study goals that will motivate you. Make time for revision, adequate sleep and leisure. Remember that it is easier to keep up than to catch up!

ESSAYS AND ASSIGNMENTS

Ensure that you know when your essays and assignments must be submitted. Visit the library and start preparing for these tasks well in advance so that you can attain good results. Do not plagiarise, it is an academic offense to take ideas, thoughts and writings and submit them as your own. Familiarise yourself with copyright law as copyright infringement could result in severe disciplinary and legal action and possible awards of damages.

ASK FOR ASSISTANCE

Do not be afraid to ask for information from other students, lecturers, tutors, and support staff like Student Affairs or administrative staff. Seek clarification concerning programme requirements, demands and procedures. Discuss your progress with lecturers and ask for feedback. Visit the Wits Writing Centre well in advance of your assignment/essay submission dates.

FORGE HEALTHY FRIENDSHIPS

Use every opportunity to get to know your peers and establish healthy relationships based on mutual respect, trust, honesty, support, fairness and good communication. Reach out to those in your class group and form study groups with your classmates. Remember to maintain a balance between academic and social demands by prioritising your needs.

SUPPORT

Get to know your campus resources. Take advantage of University support services which are there to help you when you experience personal and academic challenges. Units like the Counselling and Careers Development Unit (CCDU) are there to help you succeed. Be safe. Call Campus Security.

AWESOME EXPERIENCE

Join the First Year Experience Programme (FYE). This programme could link you to a mentor, help you make meaningful contacts and empower you with tools to achieve academic success and have an awesome experience as a new *Witsie*!

EMBRACE YOUR CITIZENSHIP

Be an engaged student. Get involved in student activities and familiarise and join sports and SRC clubs and societies like The Wits Volunteer Programme (WVP) that provides you with an opportunity to give to others make a difference.

ATTITUDE

Believe in yourself. Take charge of your mind, behaviours and actions. If you fail, do not give up! F.A.I.L. = **F**irst **A**tttempt **I**n **L**earning. Embrace a positive attitude and be disciplined. Do remember that you are adjusting to a new environment.

HAVE FUN

Welcome. Enjoy. You have taken the first step to your future!!!