

COVID-19 Vaccine: Debunking The Myths



The vaccines aren't safe.

No shortcuts were taken when developing the vaccines. Career scientists, doctors and a separate committee reviewed the safety and effectiveness from each manufacturer.



The vaccines were made too quickly.

Widespread trials with more than 70,000 people between the two vaccines showed they are safe and effective.



I can get COVID-19 from the vaccines.

It is not possible to get COVID-19 from vaccines. The Pfizer and J&J vaccines use a messenger RNA (mRNA) gene, not the actual COVID-19 virus, to trigger a person's immune system to make protective antibodies against COVID-19.



The vaccines will change my DNA.

COVID-19 vaccines **do not** change or interact with your DNA in any way.



Side effects from the vaccines are severe.

Side effects are similar to those associated with the flu vaccine. Some people will experience stronger side effects.



I have food allergies, which means I'll have an allergic reaction to the vaccines.

Allergic reactions to food like eggs and peanuts are not linked to the COVID-19 vaccines. If you have a history of severe allergic reactions not related to vaccines or injectable medications, you should get vaccinated.



The vaccines will make me infertile.

COVID-19 vaccines are not likely to present a risk if you are trying to become pregnant now or in the future.

<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/faq.html> | <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/facts.html>
<https://www.cdc.gov/vaccines/covid-19/info-by-product/index.html>