

# asknelson

## SERVICES OFFERED:



### Counselling

Unlimited telephonic access to counselling, health information and education from registered health professionals to deal with issues such as stress, anxiety, depression, addictions, relationship and marriage problems, parenting, abuse, rape and trauma.



### Managerial Support

Exclusive coaching, orientation sessions and support for managers, to assist them to cope with stressful situations, to help them manage employees and to equip them with more effective inter-personal skills.



### Legal Advice

Advice, information and discounted legal services to deal with issues such as divorce, maintenance, law suites, getting arrested, garnishee orders, repossessions, black listings etc.



### Financial Advice

Advice and support for common financial problems such as debt, budgeting, loan finance, tax, wills and estate planning.



0861 635 766 or dial \*134\*928#

Send a 'please call me'  
to **072 620 5699**

email: [asknelson@kaelo.co.za](mailto:asknelson@kaelo.co.za)

web: [www.kaelo.co.za](http://www.kaelo.co.za)

*Standard call rates apply*



Confidentiality  
Guaranteed

**kaelo**lifestyle

family wellbeing: AskNelson

Simply  
healthcare

**kaelo**