

MASK SAFETY



Wash hands with soap and water before putting on mask
Geza izandla ngensipho namanzi ngaphambi kokugqoka isifonyo
Hlwatswa matsoho ka sesepa le metsi pele ha o apara mask



Mask should cover nose, mouth, and fit under chin
Isifonyo kumele simboze ikhala, umlomo, futhi singenise nesilevu
Mask e tlameha ho kwahela nko le molomu mme e kwahela seledu



Do not touch the outside of mask while wearing
Ungathinti ingaphandle lesifonyo ngenkathi usigqokile
O se ke wa tshwara karolo e kantie ya mask o santse o apere



Do not touch eyes, nose or mouth when removing mask
Ungathinti amehlo, ikhala noma umlomo uma ukhipha isifonyo
O se ke wa tshwara mahlo, nko le molomo ha o ntsha mask



Wash hands with soap and water immediately after removing mask
Geza izandla ngensipho namanzi ngokushesha ngemuva kokukhumula isifonyo
Hlwatswa matsoho ka sesepa le metsi hanghang ha o qeta ho tlosa mask



Wash mask with soap and hot water after each use
Hlanza isifonyo ngensipho namanzi ashisayo mawuqeda ukusisebenzisa
hlatswa mask ka sesepa le metsi ha o qeta ho e sebedisa

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Official Toll Free Number: 0800 029 999
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